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## JOHN 6:22-71

John Series: Get a Life in Jesus

[PRAYER] Lord, I'm always impressed by your word and what you might do when I open it. So we're asking you to do something special now inside of our hearts. We just humbly come before you and ask you to speak to us through this passage of your word. As we just kind of read through this gospel of John, we're coming to another passage now, but each part of it is rich and rewarding and we know that those nuggets apply to us. So we're asking you to take the truths from this passage and help us to walk away today with something that we can apply to our lives. We do ask for your blessing on the kids too as they're in their classes. And we do again ask for a special blessing on our young people that you'd be growing them in their faith, helping them to make their faith their own. Lord, we thank you for John and Deborah and their announcement about engagement. We're excited for them. We just want to help marriages be strong and we know that's your desire too, so we pray that you bless them even in this period of time now. So Lord, we open your word now in anticipation. In Jesus' name, amen.

We all long for meaningful conversation, I think. We get involved in conversations regularly, don't we, that don't go anywhere or we wish there was more to the conversation or we don't know how to go deeper. But meaningful conversations are great because we go away from them with this sense of, "Wow, that was a great conversation." Especially when we have time to just talk. Like in our small group we're interacting together and we have meaningful conversations. I just think today in our social media network we often have surface exchanging of information, but we don't have the depth of the conversations that we'd like to have. So coming to church and dialoguing together is great.

One person that just really stands out in my mind as having meaningful conversation is Tim Brown. You can't have like a surface conversation with Tim Brown. Those of you who've had a conversation with him know that. He has this ability to either ask questions or listen or something that really draws your attention, and I just appreciate that.

Now today in our passage we're going to look at a meaningful conversation that Jesus had. We're going to learn from this meaningful conversation some important lessons. So what I'd like to do is read a portion of the passage. The passage is actually about fifty verses long. We're not going to read all of them. We're just going to start by reading the first portion to get us into the conversation. And then we're going to be like bystanders in the conversation at first as we watch Jesus talk to these people, but then I think we'll find ourselves in the conversation as God speaks to us. A meaningful conversation can take place in your heart today as you listen to the Holy Spirit speak to you.

Stand with me as we look at John 6. We're going to start in verse 22 and we're going to read to verse 29. Let me read these verses to you. It says – *The next day*. We're talking about the day of the feeding of the five thousand, then overnight they travel by boat in the storm we talked about last week, and now we're at the next day. *The next day the crowd that had stayed on the opposite shore of the lake realized that only one boat had been there, and that Jesus had not entered it with his disciples, but that they had gone away alone.* So "how in the world did He get over there?" is what they're thinking.

*Then some boats from Tiberias landed near the place where the people had eaten the bread after the Lord had given thanks. Once the crowd realized that neither Jesus nor his disciples were there, they got into the boats and went to Capernaum in search of Jesus.*

*When they found him on the other side of the lake, they asked him...* And here's how the dialogue starts. They ask a question, "*Rabbi, when did you get here?*"

*Jesus answered, "Very truly I tell you, you are looking for me, not because you saw the signs I performed but because you ate the loaves and had your fill. Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him God the Father has placed his seal of approval."*

*Then they asked him, "What must we do to do the works God requires?"*

*Jesus answered, "The work of God is this: to believe in the one he has sent."*

You may be seated.

I want to take you through the dialogue, but I want you to see that the story occurs on the other side of the lake. So Jesus joined His disciples in the middle of the storm, as we saw last week, and He crossed over to the other side of the lake. That's where He is. He's over on the other side.

These people came by boat to meet Him, and they come up to Him and they ask Him a question. That question starts the dialogue. They ask Him an information question. And the question is this: "Rabbi, when did you get here?"

Now when anybody asks you a question, you have three choices of how you're going to respond. One response is to answer the question. Just the way the question is asked, you answer the question. That's what we do most of the time. Someone asks you a question, you give them the answer. Jesus doesn't do that. He takes the second option.

The second option is to perceive what the person who's asking the question really wants to know because they're maybe asking the related question or the question that doesn't really... but you know what they really want to know, so you answer the question that they really need, that they really want to know. That's what Jesus is going to do. We're going to watch Him do that. We're going to see how He starts and He drives the conversation deeper because He knows what they really want to know. They don't just want to know when did you arrive. He's not going to

answer that question. He's answering the question that's in their hearts. He has this ability to perceive what's going on in the conversation and He's able to address that.

I just love that when people do that with me. Sometimes I just want to start talking, so I ask a question or I make a comment and the other person kind of knows where we're going here and jumps ahead. It cuts through a lot of the red tape and says, "Let me tell you what you really want to know." That's what Jesus is going to do.

The third kind of an answer to a question is what politicians do. They don't answer the question. They don't answer the question you're interested in. They just start talking about themselves. So you want to know "what caused this problem? What do you think you're going to do about these taxes?" And what do they do? They say, "Well let me tell you about my agenda. Let me tell you about my record." And so they start talking about themselves and they start going a different direction. I don't know about you, but I find it rather frustrating watching an interview of a candidate sometimes and they're asking the question and he doesn't answer the question. He just talks about his agenda. That's a completely different way to answer questions. Probably not a good idea. It's not just politicians. I think sometimes we do that. Someone asks us a question, we just talk about ourselves. That's not the best way to respond to a question.

Jesus takes option number two and He addresses them more fully into the question they're really asking. This is what they need. Look at the answer. He says to them – *Jesus answered, "Very truly I tell you... You're going to see these words three times – very truly I tell you.* They're the translation of the same word repeated. *Amén. Amén,* where we get our word 'amen' from. Or *truly, truly* in some versions it says.

*"Very truly I tell you, you are looking for me, not because you saw the signs I performed but because you ate the loaves and had your fill. Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him God the Father has placed his seal of approval."*

So Jesus is saying look, let me get to what you really want. You guys are following me. You're coming over here to look for me. You came over because I fed the five thousand people. You were there when that happened. Now you're looking for me. Let me tell you what you really need. You need something deeper. You need something that's not just superficial, but something going deeper into your life. That's what Jesus said to them. And He says to them basically I'm going to share with you something that's bigger than that.

He says – *Do not work for food that spoils, but for food that endures to eternal life.* We can find ourselves in most of our day or most of our time we're earning the money to pay the bills and earning the money to pay the bills. Jesus is saying wait, wait just a minute. Let's think about the work that will take you deeper to something else in your life.

Jerry and I were talking earlier. He and I attend the same gym. We were talking about the comparison between spiritual training and physical training. We go there and I will work my upper body sometimes, work my lower body another time, and you kind of rotate around. If I don't go to the gym for a while then I start to feel it. The same thing is true in our spiritual life.

Jesus is drawing attention to the spiritual part of our lives, which really consumes everything else. He says look, I'm going to talk to you about this bread that is bigger than something that spoils, but endures to eternal life. Well He's taking them right where they need to be.

So notice their response in the dialogue. They say in the next sentence – *“What must we do to do the works God requires?”* Okay. I'm on track with you, they're saying. What do I have to do?

When it comes to faith, many people ask this question. What do I have to do? Do I need to go to church? Do I need to serve more, volunteer more? Give? What do I need to do? All those things are good, but that's not the answer to the question. Jesus is going to take them right to the point where they need to be right in His answer to this. So their question is – *“What must we do to do this work God requires?”* We want to know what it is.

*Jesus answered, “The work of God is this: to believe in the one he has sent.”* To believe in the one that He sent. To believe. The idea here is to put your trust into, to give over control to something else.

Now I think that's hard for a lot of us because we have control issues. Some of us have more control issues than other people do. But control issues are a problem. Because you want to be in control and have a control issue then you're trying to get other people to fit into your agenda. You can even become demanding if you have control issues. If you're not in control at any moment, you can get upset. Either angry at other people or you can get anxious because you're not in control, or discouraged because things didn't go your way. And so control becomes this very important thing in our lives that we really need to be able to give up.

Control is even an illusion anyway. Right? Nobody really has control over their lives. Now we try to establish control with our schedules and our agenda and by making people fit into what we want. But we do that why? For security. I don't want to be hurt. I want to protect myself. So if I can control what's going on and I don't have to let other people control, then I can protect myself. But we all know that's an illusion. You can't really control life situations. Life happens and it's things that are outside our control, and we can get overwhelmed.

If you're fixed on control, then what happens inside of you? If things are going well and you feel like they are in control, then you feel good. But as soon as things aren't in control and they're overwhelming then you feel bad. So you're on this roller coaster up and down because of control. The solution to control is to be able to trust.

Jesus is saying here look, here's the word. The word. The one thing you need to be able to do is believe in Jesus Christ. Believe in the one He sent. When we believe, we give up this control. We allow something outside of us to dictate our actions and so on.

It's like the dance. You're listening to music and it's one thing. When I was practicing dancing two months ago in order to dance with my daughter at her wedding just so we could have that special time together, I could practice on my own all the steps. I got all the steps down. It's one thing to get the steps down. It's another thing to put them to music. Because then I'm kind of getting my feet moving with the music that's playing. So that took a lot of practice to do that. I

really enjoyed dancing with my daughter at the wedding. But if the music is playing and we're dancing to some other steps and then we're missing something and then music changes, then what do we do? We have to adjust to that.

If we let God be in control and He's the one that we're listening to, then we're able to maneuver through this. This is Jesus' message that He's saying to them. You need to believe. You need to give up the control. You need to allow Jesus...the one that God sent is the one that He's referring to at this point. We'll learn more about He's going to say, "I'm that person." But right now He's just saying you need to believe in this one.

Now you know this. When you're witnessing to someone and you get close to a point where you got it. This is the truth. You need to accept Jesus Christ as your Lord and Savior. What happens? They change the subject. So that's what's going to happen here in the next verse. Notice what they do.

*So they asked him, "What sign then will you give that we may see it and believe you? What will you do? Our ancestors (for example. They're saying here's an idea for you Jesus) ate the manna in the wilderness; as it is written: 'He gave them bread from heaven to eat.'"* So you can have like manna come down.

Here's what the people are doing. They're doing what I do. This week I decided I was going to buy an item. I wasn't quite sure that this thing was exactly what I wanted. So what did I do? I go to the reviews. They're saying, "Hey, could you show us the reviews? I'm going to go with you here and see if this is the right thing for me." That's basically what they're saying.

Would you give us a sign? So I don't think the sign idea is necessarily bad, but you've got to remember they just came from the feeding of five thousand people. They had a sign. I would suggest there are lots of signs in our world today. You can look at the archaeological evidence for the scriptures. You can look at the experiences of other people and how they came to Christ. You can look at how God's Spirit works in your heart and reveals things. There's all kinds of evidence there, but all of us must at the end of the evidence take a step past the evidence. Because it's always a step of faith. That's what Jesus told them. You need to believe.

And they're saying well we want to believe, but we have to see first. Show me and I'll believe. Jesus is saying basically you need to believe first and then I'll show you. We'll see some of those kinds of words come down here in just a minute. But what they're saying to Him is, "Look. Can you give us a sign? We want a sign."

So Jesus responded. He said – *"Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is the bread that comes down from heaven and gives life to the world."*

Our whole theme as we're looking at the gospel of John is get a life. How do you have true life? Jesus is describing what it looks like here in practical terms in this dialogue for them. This is what it looks like to have true life. You need to accept the Lord. You've got to take the step of faith in your life. It comes from the Father.

Let's go on. I want you to see more of this dialogue here. *"Sir," they said, "always give us this bread."* This reminds me of the woman at the well. Remember she says, "I want this water, this living water that never ends. That's what I want. Give it to me." So they're ready. They say, "Yes, I want the bread."

Notice Jesus' response. *Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty. But as I told you, you have seen me and still you do not believe."* You see that? You've seen me, you've seen enough already, but you don't believe.

Just look at your own life. There's times when God says, "Hey, I want you to trust me, I want to take you into this new area of your life. I want to expand your walls." And we're saying, "Lord, I just can't do that." So we become controlling or anxious. God is saying I want to do something bigger in you. So that's what He's trying to do with them here.

He says in verse 37 – *"All those the Father gives me will come to me, and whoever comes to me I will never drive away. For I have come down from heaven not to do my will but to do the will of him who sent me. And this is the will of him who sent me, that I shall lose none of all those he has given me, but raise them up at the last day. For my Father's will is... (Notice this. You might use this verse in the future. You just need to know this idea.) My Father's will is that everyone who looks to the Son and believes in him shall have eternal life."* Everyone. Everyone who looks at Jesus and responds to Him will have eternal life, *and I will raise them up on the last day.*

So He's talking to the crowds. I want you to see the audience that He's talking to. He's describing to the crowds this idea of salvation that they need to trust in Him, that real belief is total surrender to God. It's this giving up of your control and allowing God to work through you and be this person that's moveable in God's presence. That's just so characteristic of what we know to be the Christian life.

But there's a group of people...and it's always the case, isn't it? You're trying to share Christ with someone at work, at home, or in the neighborhood and there's someone else that grumbles. Well that's what happens. There's a group of people in the crowd who we're going to focus on. Those are the Jews. And notice what they say in verse 41. *At this the Jews there began to grumble about him because he said, "I am the bread that came down from heaven." They said, "Is this not Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I came down from heaven'?"* So the Jews are kind of resistant, so they're raising questions and so on.

Notice what He says in verse 43. By the way, verse 43 is one of those verses you might put it away. Taken out of context it's just a great verse to share. You know what you need is John 6:43 which says – *"Stop grumbling among yourselves," Jesus answered.*

Verse 44 – *"No one can come to me unless the Father who sent me draws them."*

Now I want to take you into some theology for a moment. Something you have to understand for salvation. So let's look in salvation for a moment from a theological perspective and make sure we get it and understand it. Because often in our thinking today or even what we say to people, we say you need to trust Jesus Christ, and that's true. You need to believe in Him. But you get the impression when we start thinking that we are initiators of salvation, we're in control. See we're in control of this and I pick Jesus. Out of all the options I pick Jesus, or something like that. I'm in control of this.

One of the things we must understand about salvation is it doesn't start with us. It starts with the Father. The Father draws us. He gives us the grace to even start moving in a direction toward Him. So we are not the initiators. God is the initiator. We are the responders when it comes to salvation. So we're responding to God in the salvation that He's offering to us. That does something very humbling for us, I think, as we start thinking about what God has done.

*For God so loved the world that he gave his only Son that whoever believes in him will not perish, but will have eternal life. Who's doing the initiating? God is doing the initiating. Just think about it in those terms. You may ask well how do I know if I'm one of the ones that God's drawing? Well if you're here today or listening on our online campus then you're in position where you're saying I want more. You've been drawn by the Lord already. You want to respond to that. We are the responders to God, not the initiators.*

Listen to how He describes it as I continue through this passage. Verse 46 says – *No one has seen the Father except the one who is from God; only he has seen the Father. Very truly I tell you, the one who believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, yet they died. But here is the bread that comes down from heaven, which anyone may eat and not die. I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.*”

So He's saying look, you can't just look at the meal, you've got to eat it. In other words, you've got to participate and you've got to take advantage of what I've given to you. So He's saying whoever eats this bread will live forever. If you take it and you respond to it. He says I'm putting out the banquet for you. You need to take it out and eat it.

Well remember, He's talking to the Jews, so the Jews it says in verse 52 – *Then the Jews began to argue sharply among themselves, "How can this man give us his flesh to eat?"* They're focusing in on the physical again. Jesus is trying to draw them to the spiritual.

So Jesus is going to respond to that in His meaningful dialogue. Here's what He said: *Jesus said to them, "Very truly I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up at the last day. For my flesh is real food and my blood is real drink. This is the real deal. This isn't plastic. This is the real deal. Whoever eats my flesh and drinks my blood remains in me, and I in them. Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me."*

Now because we know the end of the story or we know the Last Supper story, we may import that information here. Maybe it's alluding to the fact that communion is coming. We'll celebrate communion next Sunday here at Calvary Chapel Living Hope. It's an opportunity for us to take the bread and the juice, which will represent the body and blood of Christ and do this in remembrance of Christ's death. That's His instructions for us. Now even though there's a lot of similarities between that, I don't think that's what Jesus is describing here. What He's describing is a banquet table is out there. You need to participate. You can't just look at it. You can't just come and sit down in this restaurant. You've got to eat the food. You've got to participate. His has to become yours. So He's drawing them to this deeper commitment that they need to participate, they need to partake in this.

Just think about your own life. It's one thing to hear about the testimonies that other people have. It's another thing to have your Bible sitting on the table. It's another thing to open it up and read it and partake of it and make it yours. I love when young people understand that their faith isn't their parents, it's yours. You need to take it and you need to embrace that. And God will speak directly to you, not just through your parents. That's the idea here. Jesus is presenting them. You need to participate in this. You need to take it on. You need to give up your life. You need to embrace this bread that I'm talking about.

He continues by saying this in verse 58 – *“This is the bread that came down from heaven. Your ancestors ate manna and died, but whoever feeds on this bread will live forever.” He said this while teaching in the synagogue in Capernaum.*

Wow. This is quite a challenging statement. And so notice in verse 60 His disciples say this: *On hearing it, many of his disciples said, “This is a hard teaching. Who can accept it?”* At this point I'm thinking Jesus is saying, “Oh good. They're finally getting it.” Because I do think the Christian life is a challenge. I don't think it's something we just tag on or wear a badge about it. It's something that requires our whole life.

How do you serve the Lord when it comes to your speech and how you use your language or your words that you choose? How do you serve the Lord when it comes to your budgeting and your finance? How do you serve the Lord in the various areas of your life? If it's total surrender to God, you're partaking of the meal. This is a hard truth. This is difficult. This is total surrender.

So here's what Jesus says. I like this. This is what I pondered a little bit this week and I want to share that with you. *Aware that his disciples were grumbling about this, Jesus said to them, “Does this offend you?”* Now first of all, the word *disciples* here is not referring to the Twelve. It's referring to all the people that were following Him at the time. These followers of His. We'll know that because He's going to speak to the Twelve in a few moments. But He looks at all His disciples and He says, *“Does this offend you?”*

I have to ask this question. Does God intentionally offend us? I think sometimes He does. I think sometimes He offends our mind in order to reveal our hearts. Because sometimes I get God put into a box of some kind. I say well this is how I expect God to act and I kind of got that fixed. I'm kind of controlling this in some way, the way I expect God to act. He sends some new information or new experience and it's offensive. It's annoying. And I've got to adjust the way I

think to embrace what God is doing in this situation. That maybe He wants to move me a little bit with His word, He wants to teach me something new that I'm not practicing yet. Or maybe He wants to draw attention to an area of my life. I've got things all in order. I don't need this, God. So it can be offensive because God draws to the heart.

Someone in our small group said, "Well maybe offensive isn't the best word." Maybe it isn't. That's the word used here. Maybe the word is stretching. I like that. God stretches us continually. He's stretching these people as they're listening to this and He says, "Does this offend you?" You just have to ask the question. If God's word is offending you, then you've got to make an adjustment in who you are and what you're doing. Because we view the scriptures as our authority. We don't take and adjust the scriptures based on our opinions or our feelings in the moment. We take God's word as our authority and it adjusts us. So it is offensive sometimes. A stumbling block, as Paul describes it to the Corinthians. Where people come to the scriptures and they say, "I don't know if I can catch this. This is too big for me. I don't know if I'm willing to accept Jesus Christ as my Lord and Savior because it would upset my world."

I would suggest that that's what God wants to do. He wants us to be totally committed to Him. Total surrender. He's taking the disciples, that's the word He used, He's trying to move them to the next step. These aren't the Jewish people. Now He's talking to His disciples. These are the people who are on board. These are the people like you and me. We are disciples. And He's saying, "Look, does this offend you what I'm trying to tell you? That you need to surrender your life? You need to give it up, you need to lay down your life?" It's just really big.

Verse 62. He continues. He says – "*Then what if you see the Son of Man ascend to where he was before! The Spirit gives life.*" You have to understand if you give it all up, you're going to have life. That's what He's saying. You're going to have life. I know it doesn't look like that because you're going to have to give up control and right now control is your life. And so if you give up the control, He says *the Spirit gives life; the flesh counts for nothing. The words I have spoken to you—they are full of the Spirit and life.* Wow. I need them. They are full of the Spirit and life.

*Yet there are some of you who do not believe.*" For Jesus had known from the beginning which of them did not believe and who would betray him. He went on to say, "*This is why I told you that no one can come to me unless the Father has enabled them,* draws them." You see God is the one who initiates salvation and even gives us the grace to respond to Him. That's very humbling.

Notice verse 66. *From this time many of his disciples turned back and no longer followed him.* Jesus' popularity reached a high point at the feeding of the five thousand. It's going to start to decline now. Some of His disciples, the people who were following Him, they couldn't go to that level of total surrender. So it says they *turned back and no longer followed him.*

Let's just read the last verse here. Verse 67. He turns to the Twelve. So His conversation was with the crowds, with the Jews, and with the disciples, and now with the Twelve He says in verse 67 – "*You do not want to leave too, do you?*" Jesus asked the Twelve.

*Simon Peter answered him, "Lord, to whom shall we go?"* This is where it ends up. If you try to control your life, there's a point at which you say, "I can't do this anymore. This is messing with me. I can't control myself. I need something else." Peter is saying, "Where else can we go?"

I think this is why Jesus in another passage says it's hard for a rich man to enter the kingdom of God. Why? Because he's got money, and money allows him to establish control. If you're going to come into the kingdom, you've got to give up control in order to come to the Lord and surrender to Him. *"Lord, to whom shall we go? You have the words of eternal life."* I love this verse 69. *"We have come to believe and to know that you are the Holy One of God."*

*We have come to believe and to know.* You see sometimes we want to know without belief and that's just really hard and sometimes impossible to know that God can actually take you in the storms of life and work with you. That He can actually help you in your difficult challenges that you're facing right now. You believe and then you know. And that's what Peter's saying. We believe and we know. We've seen your work. We've experienced this.

Sometimes I look at people and I just know that if they would just take the next step toward total surrender to Jesus, things would be a lot better. I know what that is. I believe in God. I know what that looks like. There's something amazing in the midst of that.

Well I want to read you verse 70 and 71, but there's a spoiler alert here, I want you to know. So cover up your ears if you want to wait to the end of the gospel of John to learn more about this. This is like the preview of what's to come. So you might want to just cover up your ears. Verse 70 – *Then Jesus replied, "Have I not chosen you, the Twelve? Yet one of you is a devil!" (He meant Judas, the son of Simon Iscariot, who, though one of the Twelve, was later to betray him.)*

Everyone has to make a choice. Yes, God initiates salvation. He offers it to us. But the way to receive life and the Spirit as described in this passage is you got to partake, you got to eat it. You've got to take the meal that's put before you. You can't go, "Oh that's a cool meal. Look at that nice meal. I'm glad I go to places where they have nice meals." No. You've got to eat it. It's got to be yours. You've got to have total surrender. Give it up.

What do we learn from this story? Well what I think Jesus is trying to communicate in His meaningful dialogue with these people is that total surrender is the only option and that is a hard saying. Some disciples are unwilling to follow that. Where are you in that? Are you willing to follow the Lord even though it's difficult, even though He's calling you to something that means giving up control or you really like your control? It only lasts so long because eventually you find out the control doesn't work. The earlier you can give God control of your life, the easier it is for Him to hold you and take you to where He wants you to be. Total surrender is what God would have for us.

I trust that God is speaking to your hearts today. I don't know exactly what He's saying in your heart, but as the Spirit moves through this place, He speaks and He talks to us, and He puts His finger on specific areas where surrender is necessary, where we have to give up certain things or let it go. We have to allow Him to work in new ways that are outside that may appear offensive at first.

God wants to do something special and I just pray that the Holy Spirit would come down on us now and do something really powerful in our lives. That He'd make us different people so that we aren't offended by the gospel, but we are so attracted to it that we want to give ourselves to the Lord in total surrender in every area of our lives.

Would you stand with me and let's pray together.

[PRAYER] Lord, I know that you're working in the lives of people here today and I'm asking that you would speak very specifically. Use your Spirit inside of our hearts to not only tell us what we need to do differently, but empower us to make the changes. Lord, it's so scary sometimes. So anxious-producing to give up control. But we know that entrusting our lives and our love and giving ourselves to you is really what needs to take place for us to experience what we want – that peace and that joy and that fulfillment in life. We thank you for the bread. Jesus Christ, the bread of life. Lord, we want to partake of that in our own hearts right now by total surrender, giving ourselves to you. We ask this in Jesus' name, amen.